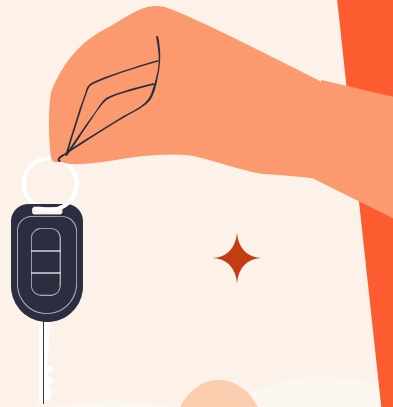


Thriving as a Commuter Student



OVERVIEW

01

TIPS

02

RESOURCES

03

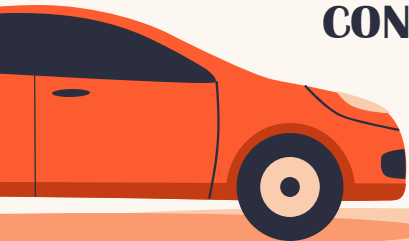
PARKING

04

CONNECTIONS

05

COMMUTER VOICES



TIPS



Time Management

- Plan ahead
- Maximize time on campus
- Set priorities
- Avoid overloading your schedule
- Take care of yourself



Using Downtime Effectively

- Study or review course material
- Connect with campus resources
- Recharge and relax
- Prepare for classes

TIPS



Scheduling Classes

- Schedule breaks
- Leave enough time to get to campus
- Spend time on campus getting involved
- Avoid registering for only Tuesday/Thursday classes



Pack Essentials

- Pack for the weather: Umbrella, rain boots, heavy coat
- Bring snacks
- Do not forget your academic textbooks/notebooks for the day
- Laptop and phone charger

RESOURCES



Bear Claw

- Center for learning and writing
- Academic Support: Including tutoring and writing assistance to help students succeed



Office of Student Engagement

- Gets students involved in campus activities and organizations
- Engagement opportunities are crucial for students to connect with peers and participate in campus life



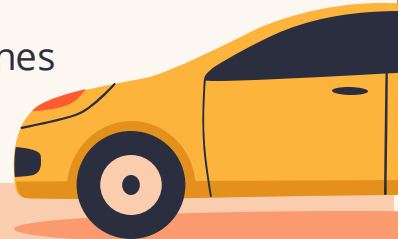
Study Spaces

- Meyer Library: Access to **computers** and academic resources
- Plaster Student Union Commuter Corner
- Bear Cave Student Resource Center
- In your academic building



Safety

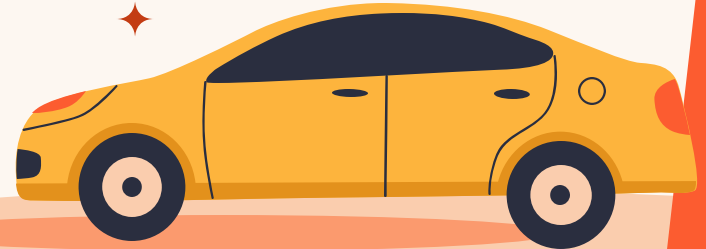
- Missouri alert system
- Safe walk program
- BearShield App
- Blue light telephones
- Campus safety substation
- Emergency action plans





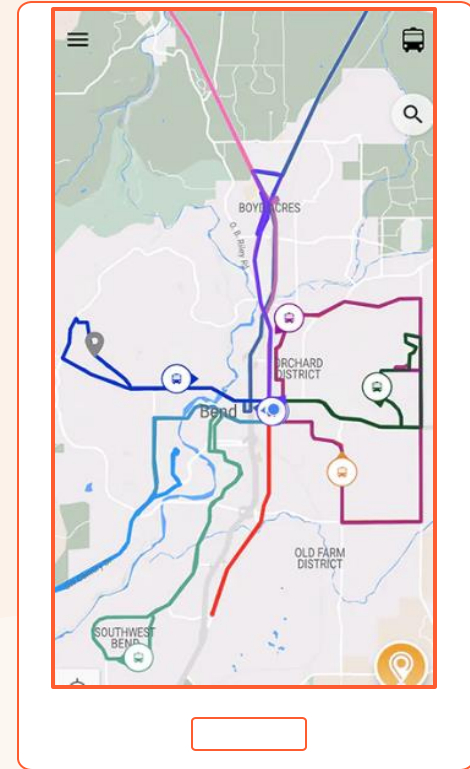
PARKING

- Parking Permits: Yellow
 - Purchase through the Missouri State Parking Office
- Metered Parking
- Lot locations
- Plan to get to campus as least 30 minutes before class begins
- Familiarize yourself with parking regulations
- PayByPhone app



TRANSPORTATION

- Using shuttles: Bear Line
 - Download the PassioGo app
 - Weekday routes run 7:00 a.m. – 6:00 p.m.
 - Maroon Bear Line runs until 10:00 p.m.
- Bicycles/Skateboard
 - Register your bike in the parking office
 - Use designated bicycle paths
 - Lock your bikes in authorized bike racks
 - U-shaped style locks



STAYING CONNECTED ON CAMPUS

- Use campus apps and platforms
 - Stay Informed
 - Engage virtually
- Join Clubs and Organizations
 - Over 350 student organizations, ranging from academic and professional groups to hobby-based groups
- Attend Campus Events
 - Welcome events
- Stay on campus between classes
- Build a support network





STAYING CONNECTED/INVOLVED HELPS!

- **Academic Success:** Students who participate in campus organizations, learning communities, or extracurricular activities report higher GPAs and improved time management skills
- **Sense of Belonging:** Involvement in campus activities builds relationships and a sense of community
- **Retention and Persistence:** Engagement fosters a stronger commitment to the institution, reducing dropout rates.
- **Professional and Personal Development:** Participation helps commuters develop leadership skills, expand their networks, and enhance their resumes.

COMMUTER MEAL PLANS

Combo Plans:

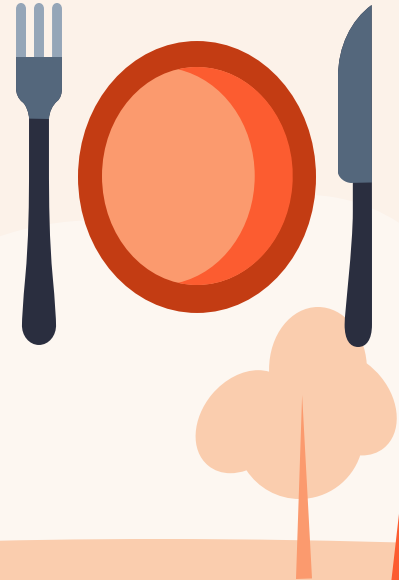
- Grizzly Pack (136 Swipes, \$550 Dining Dollars, Parking Pass for \$1425.84)
- Bear Pack (70 Swipes and \$280 Dining Dollars for \$774.90)
- Cub Pack (22 Swipes and \$200 Dining Dollars for \$401.74)

Dining Dollars Options:

- Amount you spend ➡ \$687, \$340, \$265, \$210
- Amount you pay ➡ \$625, \$310, \$242, \$192
- You get bonus dining dollars with each pack you buy

Traditional Meal Plan:

- Unlimited, 19/Week, 14/Week, 10/Week



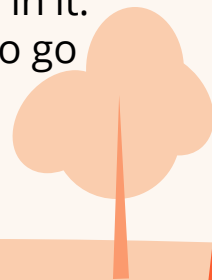
VOICES OF COMMUTER STUDENTS

"Whether it be a club or an on-campus job – find an organization that you are interested in! It is a great way to get to know people who may have similar interests. Also find study partners/groups to work with in classes!"

"Don't stress! Learn a routine that works well for you and stick to it. I always try to be early to all of my classes just to give myself the comfort of not having to rush."

"I wish I knew how important it was to build a routine. It was very helpful for me to have a schedule for class times, meals, studying, and driving to and from classes."

"I really enjoy the fact that almost every building on campus has a study space in it. This made it easier to handle classes that were too close together for me to go home but far enough apart that I had down time between them."



Questions?

